

This circular walk is one of a number of walks produced by Kent County Council. If you liked this walk you can find more on the Explore Kent website at [www.kent.gov.uk/explorekent](http://www.kent.gov.uk/explorekent)

We welcome any feedback about this walk or the content of the guide. If you know of a good walk and would like to share it, please let us know and we may feature it on our website.

If the route description or pictures are out-of-date please e-mail [explorekent@kent.gov.uk](mailto:explorekent@kent.gov.uk)

Please tell us about any problems concerning the paths using the Kent Report Line **0845 345 0210**. This guide is available in other formats on request.

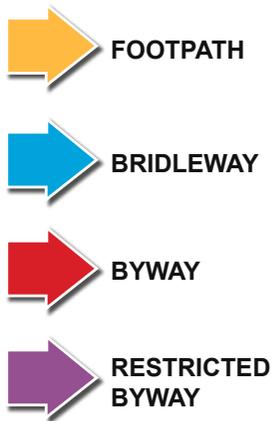
### FAMILY FUN!

Walking is not only a healthy activity but it can be fun and informative too. Free activity worksheets for children of all ages to take on the walk can be ordered by emailing [explorekent@kent.gov.uk](mailto:explorekent@kent.gov.uk) or calling **08458 247600**.



*When you're out walking in the countryside, please respect the Countryside Code.*

- Be safe – plan ahead and follow any arrows or signs
- Leave gates and property as you find them
- Protect plants and animals, and take your litter home
- Keep dogs under close control
- Consider other people



## Walk Overview

**Distance:** 5 miles (8km) allow 2.5 hours



**Start/Finish:** East Malling Church



**Stiles:** 4



**Gates:** 1 (steps over railway)



**Terrain:** Fields and woodland paths. Short on-road section. Some gentle slopes



**Views:** Some good views



**Toilets:** None on the route

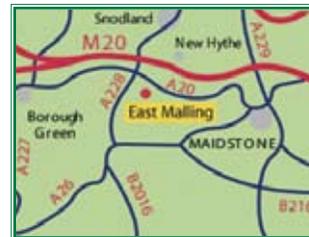


**Refreshments:** Pub near start/finish

## How to get there...

### Road Map:

Multimap website [www.multimap.com](http://www.multimap.com). Search for "East Malling".



**By Car:** From M20 Junction 4 follow signs to Maidstone via A20 (London Road). Once on A20, follow signs for East Malling.

**Parking:** Limited on-road parking is available in Church Walk road. Please note that parking at the King & Queen pub is for patrons only and wheel clamping is in operation.

**Train:** Nearest station - East Malling (300m). National Rail Enquiries: 08457 484950

**Bus:** 151 (Lunsford Park – East Malling) 2 journeys, Mon-Sat. 58 (Aldington – Maidstone Hospital) 4/5 journeys, Mon-Sat. Traveline: 0870 6082608



03/2007

Explore the Kent countryside  
Have fun, stay healthy!

# Walks in West Kent East Malling

5 miles (8km) approx. 10,000 steps  
Allow 2.5 hours

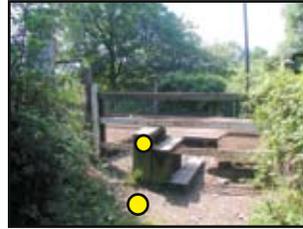
### About the walk...

This walk starts in the village of East Malling and follows a largely flat route through orchards and woodland with some fine views of the North Downs along the way. The final part of the walk takes you through East Malling Horticultural Research Station (EMR). Although not normally open to the public, the company carries out research and development for the crops industry and has a long history with the area.

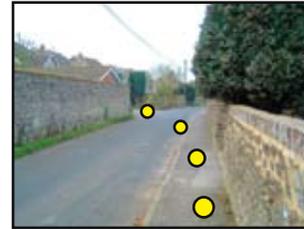
# Photo Guide



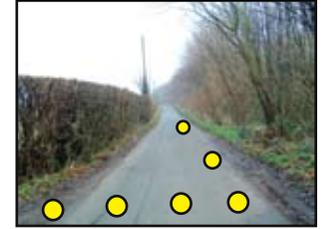
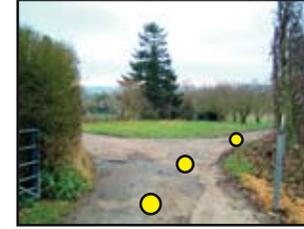
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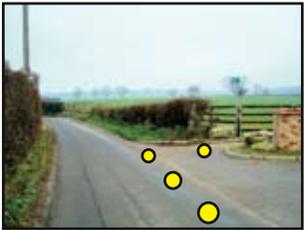
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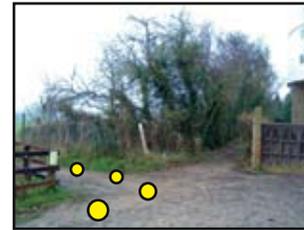
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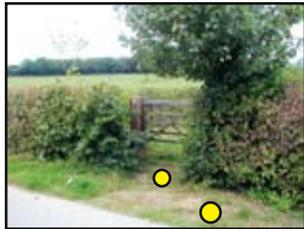
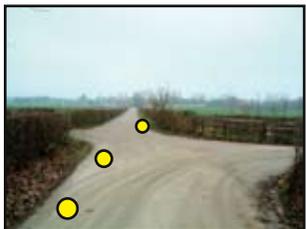
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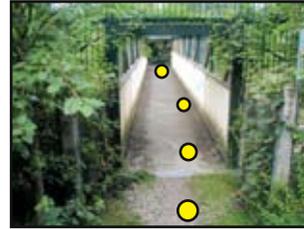
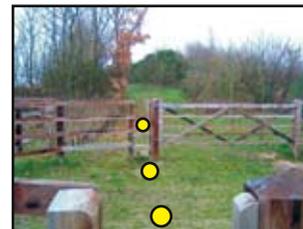
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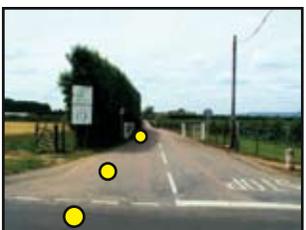
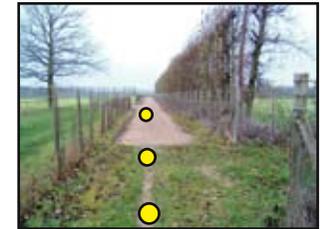
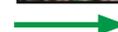
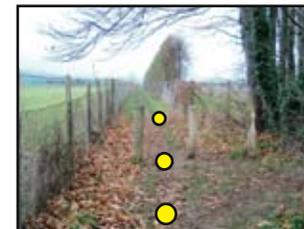
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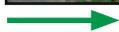
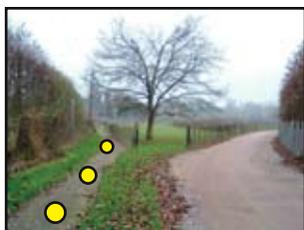
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For guidance only, actual conditions encountered may be different to what is shown depending on weather and time of year.

## Route Description

- 1 Head down Church Walk road to church gates and follow footpath through churchyard to cycle barrier. Pass through barrier and take the narrow footpath immediately on the right.
- 2 **Beware of trains - look and listen before crossing.** Go over steps to cross over railway line to continue along path other side. Continue until you reach a road.
- 3 Turn right along pavement for approx. 45 metres to then take the surfaced road on the left (marked with a footpath marker stone). Follow track through gate ahead to enter onto an orchard path. Keep to path through orchard.  
  
Looking behind you can catch a glimpse of the North Downs.
- 4 **Beware of traffic.** Pass gate exiting onto road and turn left. After a short distance, pass entrance to driveway on right and take signposted bridleway running alongside.  
  
Good views of the North Downs on your left.
- 5 Upon reaching the end of the surfaced bridleway track, bear right then left to continue ahead into woodland.
- 6 Reaching a crossroads, continue ahead into woodland path. Continue along this path passing over several junctions with other paths.

Always follow the path ahead. This path may be muddy in places during winter, however you should be able to walk around the worst affected areas.

- 7 Follow path ahead, out of woodland until you come to a water tower (now converted into a private residence). Turn left to take the byway with wooden fence to left and barbed fence to right (enclosed path).
- 8 Continue along path until it becomes a tarmac surfaced track. Passing a road on your right. Approx 15 metres further, find a gate in the hedge on your right.
- 9 Go through gate and continue straight ahead across grass. Cross over two stiles/gates to continue along an enclosed path. Follow path round to right to run alongside the railway line to your left.
- 10 Turn left to cross footbridge and bear left to continue along path on other side of railway line. Follow onto surfaced track enclosed by fences on either side as you approach main road.
- 11 Cross road to enter EMR grounds and walk down surfaced road. Observe waymarking and keep to path indicated. Pass Conference Centre entrance and follow along road, bearing left to take path back to church where you started.

*Please note that East Malling Research Centre is not generally open to the public.*

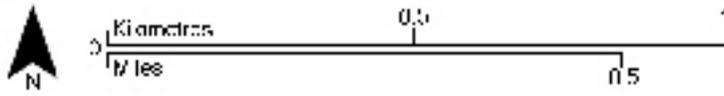
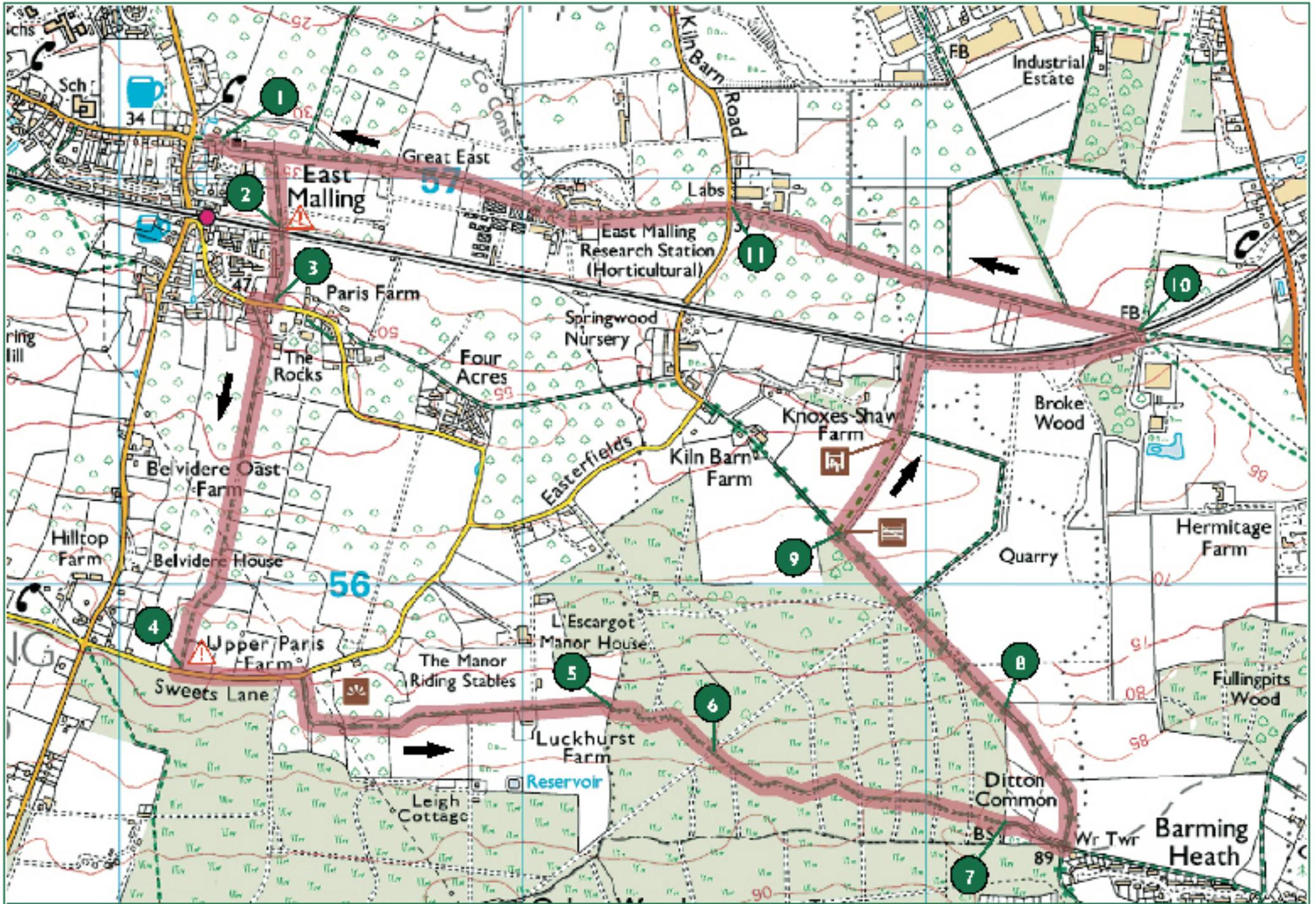
## Walk your way to a healthier lifestyle



*“Walking for one mile burns virtually the same number of calories as jogging for one mile, it just takes a little longer!”*

*“Walking is FREE and requires no special equipment or clothing – as long as you are comfortable”*

*“Regular walking helps reduce the risk of heart disease, strokes, diabetes and high blood pressure”*



-   
 Take care
-   
 Stile
-   
 Gate
-   
 View

Also use Ordnance Survey Map: Explorer 148  
 East Malling Circular Walk [www.kent.gov.uk/explorekent](http://www.kent.gov.uk/explorekent)